Dixie State University
School of Health Sciences Drug and Alcohol Testing Procedure

This procedure applies to all students enrolled in health science programs at Dixie State University.

Drug and Alcohol Screening

Applicant Testing:

1. All applicants accepted into a health science program are required to submit to an initial urine drug screen upon acceptance into the program with the exception of students in the Exercise Science program who are required to submit to a urine drug screen upon enrollment in an internship course or participation in service learning at a clinical facility.
2. All costs associated with drug testing are the responsibility of the student.
3. Refusal to complete the testing process will prohibit the student from entering any health science program.
4. At a minimum, students must be tested using the Ten Panel Non-Rapid urine drug screen.
5. A copy of the test results must be sent directly from the testing agency to the designated program representative of the program the student is attempting to enter.
6. Positive tests will be confirmed by the testing laboratory if the urine creatinine is within normal limits. If the urine creatinine is not within normal limits the student may submit a second urine specimen. However, two separate dilute urine samples will be considered a positive drug test. Students should review the attached campus drug testing procedure to avoid a dilute sample.
7. A positive test will necessitate the submission of a prescription from the licensed health care provider that prescribed the drug. The documentation must be sent directly from the student’s licensed health care provider or the pharmacy where the prescription was filled. A copy of the prescription must be received by the designated program representative’s office by a specific date determined by the department Chair.
8. Students with a confirmed positive drug test that is not explained by a licensed healthcare provider’s prescription will be ineligible for admission to the program.
9. If the student seeks to challenge a positive drug and alcohol screen the following test(s) are required:
   a. A sample with normal creatinine: a second test will be run on the current sample.
   b. Sample creatinine out of normal range: a hair follicle sample must be submitted for testing at the student’s expense.

Reasonable Suspicion Testing:

1. Students may be required to submit to reasonable suspicion testing while participating in class, lab, or clinical experiences. Reasonable suspicion may be based on but not limited to observable phenomena/direct observation of substance abuse and/or the physical symptoms or manifestations of substance abuse such as:
   a. Speech—incoherent, confused, rapid slow, slurred, rambling, shouting, profanity, or change in speech.
   b. Coordination—swaying, staggering, lack of coordination, grasping for support, slowed reflexes.
   c. Demeanor—change in personality, excited, combative, agitated, aggressive, violent, argumentative, indifferent, threatening, antagonistic, mood swings, irritability, restlessness.
   d. Alertness—change in alertness, sleepiness, drowsiness, confused.
   e. Physical—bloodshot eyes, teeth grinding, nasal redness, dry mouth, flushed face, tremors, pupillary changes, odor of substance and/or alcohol.
   f. Appearance—dirty clothing, disheveled.

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g. Performance—unsafe practice, unsatisfactory work, excessive absenteeism, excessive tardiness, or a significant decline in performance.

h. Evidence of involvement in the use, possession, sale, solicitation or transfer of drugs.

2. If a faculty member or clinical agency staff member observes behaviors listed above, the student will be removed from the educational setting and the department chair will be notified immediately.

3. The student must report to WorkMed or the DSU Health Center for a Ten Panel Non-Rapid urine drug and alcohol screen within 4 hours of the request, regardless of the student’s admission to substance use. If this occurs during an evening clinical, the student must report to Instacare, and WorkMed will be called in to perform the drug and alcohol test.

4. The student will be responsible for obtaining transportation to the designated testing facility; the student will not be allowed to drive to the facility if any of the criteria in (a through f) apply.

5. The student will be responsible for the cost of the testing.

6. If the results of the drug/alcohol test are positive, the student will be dismissed from the program.

7. If the student fails to report for a drug test within 4 hours after being notified of the requirement or refuses testing, it will be treated as a positive test and the student will be dismissed from the program.

Post-Incident Testing:

1. Any student involved in an on-campus or clinical site incident which injures the student, another student or a patient under circumstances that suggest possible use or influence of drugs and/or alcohol in the incident will be asked to submit to a drug and alcohol test.

Readmission:

1. A student who has been dismissed from a program due to a positive drug/alcohol test or refusal of reasonable suspicion testing may or may not be eligible to apply for readmission to the program, depending on the program’s established procedures. Students should contact the program director or chair for specific program information regarding eligibility for readmission.

2. To be considered for readmission after a positive drug/alcohol test the student must:
   a. Participate in a substance abuse treatment program.
   b. Sign a HIPAA release form authorizing the substance abuse program manager to release treatment information to the student’s respective program’s department chair. Have the substance abuse program manager submit a letter to the student’s respective program’s department chair verifying successful participation in a substance abuse treatment program.
   c. Submit to an unannounced urine drug/alcohol test at the student’s expense prior to readmission. A positive test will result in ineligibility for readmission.
Dixie State University School of Health Sciences
Consent Form for Drug and Alcohol Testing

I understand that as a requirement to entering a health science program with an associated clinical component at Dixie State University (DSU), I must submit to a urine drug test. The testing facility must provide results of the test to the Program Chair for the department the student is attempting to enter. I understand that if the urine test result is positive the program chair will follow the guidelines listed in the SHS Drug Testing Procedure, which may include denial of entrance to the program.

I authorize DSU to conduct all related alcohol and drug tests that are subject to the policy, including random tests. I further authorize and give full permission to have the University and/or its personnel to send the specimen or specimens so collected to a laboratory for a screening test for the presence of any prohibited substances under the policy, and for the laboratory or other testing facility to release any and all documentation relating to such test to the University and/or to any governmental entity involved in a legal proceeding or investigation connected with the test.

I also authorize the release of information concerning the results of such tests to designated University personnel, its clinical partners, to any assistance program to which I may be referred, and to the appropriate licensing boards, if applicable.

I will hold harmless DSU, its personnel and any testing laboratory the University might use, meaning that I will not sue or hold responsible such parties for any alleged harm to me that might result from such testing, including loss of right to participating in the academic program, ineligibility to test for a certification exam, employment or any other kind of adverse action that might arise as a result of the drug or alcohol test, even if a DSU or laboratory representative makes an error in the administration or analysis of the test or the reporting of the results. I will further hold harmless DSU, its personnel and any testing laboratory the University might use for any alleged harm to me that might result from the release or use of information or documentation relating to the drug or alcohol test, as long as the release or use of the information is within the scope of this policy and the procedures as explained in the paragraph above.

I understand refusal to complete the drug testing process will prohibit me from entering the desired program in the SHS at DSU as stated in the SHS Drug and Alcohol Testing Procedure.

I consent to urine drug testing for the purpose of admission to a program with a clinical component in the School of Health Sciences (SHS) at DSU. I understand that this consent form remains in effect during my enrollment in a SHS program with a clinical component at DSU.

Printed Name:_________________________________________SID#:______________________

Student Signature:_________________________________________Date:______________________

Witnessed by:_________________________________________Date:______________________

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Dixie State University
School of Health Sciences

Drug Testing Procedure

You MUST bring a valid state issued photo ID.

In the clinic testing area, the collector will have you:
1. Remove outer clothing (e.g. coveralls, jackets, coat, hat)
2. Empty your pockets
3. Wash and dry your hands

Next you will be directed to the restroom and asked to provide a urine specimen. YOU MUST:
4. Provide at least 30 mL (this is the equivalent of 2 tablespoons)
5. Return the specimen to the collector ASAP
6. DO NOT flush the toilet
7. DO NOT wash your hands

Please be aware that two dilute samples will be considered a positive result. This can result from drinking too much water. Drink enough water to produce a 30 mL sample, but not so much that you have a dilute sample. If the result is dilute, you will need to provide another sample and pay the additional fee.
Test results should be sent to the designated program representative.

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